

Indoor Swimming Pool Timetable

Monday 26th May 2025 - Sunday 1st June 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00-09:00 Lane Swim Half Pool	06:00-09:00 Lane Swim Full Pool	06:00-09:00 Lane Swim Full Pool	06:00-09:00 Lane Swim 06:00-07:15 Half Pool 07:15-09:00 Full Pool	06:00-09:00 Lane Swim 06:00-07:15 Half Pool 07:15-09:00 Full Pool	08:00-15:00 Lane Swim 08:00-09:00 Half Pool 09:00-11:00 2 lanes available 11:00-11:30 1 lane available 09:00-15:00 2 lanes available	09:00-15:00 Lane Swim 09:00-09:30 2 lanes available 09:30-13:00 1 lane available 13:00-15:00 Half Pool
09:00-11:30 General Swim Full Pool	09:00-15:00 General Swim 09:00-12:00 Half Pool (1 lane for lane swim) 12:00-15:00 Full Pool	09:00-18:00 General Swim 09:00-12:00 Half Pool (1 lane for lane swim) 12:00-18:00 Full Pool	09:00-11:30 General Swim Full Pool	09:00-11:30 General Swim Full Pool		
11:30-12:30 Floats & Fun Full Pool						
12:30-15:00 General Swim Full Pool	15:00-16:00 Floats & Fun Full Pool		11:30-12:30 Floats & Fun Full Pool	11:30-12:30 Floats & Fun Full Pool	15:00-17:00 * General Swim Full Pool	15:00-17:00 * General Swim Full Pool
15:00-16:00 Floats & Fun Full Pool	16:00-18:00 General Swim Full Pool	18:00-21:30 Lane Swim 18:00-19:00 2 lanes available 19:00-20:00 2 Lanes Available and 1 Lane Members Swim Fit 20:00-21:30 Full Pool	12:30-15:00 General Swim Full Pool	12:30-15:00 General Swim Full Pool		
16:00-18:00 General Swim Full Pool	18:00-21:30 Lane Swim 18:00-19:00 1 Lanes Available 19:00-21:00 2 Lanes Available 21:00-21:30 Full Pool		15:00-16:00 Floats & Fun Full Pool	15:00-16:00 Floats & Fun Full Pool		
18:00-20:00 Lane Swim 2 Lanes Available			16:00-18:00 General Swim Full Pool	16:00-20:00 General Swim Full Pool		
			18:00-21:30 Lane Swim 18:00-19:00 1 Lane Available 19:00-21:00 2 Lanes Available 21:00-21:30 Full Pool	20:00-21:30 Lane Swim 20:00-21:30 Full Pool		

*16:00-17:00 is a party slot, please check prior to your visit if the pool is open.

Swimming Session Index

Lane Swim

Lanes available for continuous swimming.

General Swim

Open area for free style swimming
(perfect for families) with lanes available
for lane swim.

Floats and Fun

4 lanes of floats and fun for everyone and
2 single lanes for lane swim.



Chigwell
SPORT & WELLNESS CENTRE

Outdoor Swimming Pool Timetable

Monday 26th May 2025 - Sunday 1st June 2025

MONDAY

10:00-16:00

General Swim

Full Pool

TUESDAY

10:00-16:00

General Swim

Full Pool

WEDNESDAY

10:00-16:00

General Swim

Full Pool

THURSDAY

10:00-16:00

General Swim

Full Pool

FRIDAY

10:00-16:00

General Swim

Full Pool

SATURDAY

10:00-16:00

General Swim

Full Pool

SUNDAY

10:00-16:00

General Swim

Full Pool

Swimming Session Index

General Swim

Open area for free style swimming
(perfect for families) a lane available for
lane swim.



Chigwell
SPORT & WELLNESS CENTRE